



ACE Your Learning Style: Discover How YOU Learn Best

This informal survey helps you identify your learning style preference. Read each statement carefully. Check YES if the statement relates to you all or most of the time. Check NO if the statement seldom or never relates to you. Your first reaction to the question is usually your best response. For more information on how to apply the results of this assessment, talk with your academic advisor.

1	I like to listen and discuss work with a partners	Yes	No
2	I learn by hearing my own voice on tape	Yes	No
3	I prefer to learn something new by reading it	Yes	No
4	I often write down the directions someone has given me so that I don't forget them	Yes	No
5	I enjoy physical sports or exercise	Yes	No
6	I learn best when I can see new information in picture form	Yes	No
7	I am able to visualize easily	Yes	No
8	I learn best when someone talks or explains to me	Yes	No
9	I usually write things down so that I can look back at them later	Yes	No
10	If someone says a long word, I can count the syllables that I hear	Yes	No
11	I have a good memory for old songs or music	Yes	No
12	I like to discuss in small groups	Yes	No
13	I often remember the size, shape, and color of objects	Yes	No
14	I often repeat out loud the directions someone has given me	Yes	No
15	I enjoy working with my hands	Yes	No
16	I can remember the faces of actors, settings, and other visual details of a movie I saw in the past	Yes	No
17	I often use my hands and body movement when I'm explaining something	Yes	No
18	I prefer to practice redrawing diagrams on a chalkboard rather than on paper	Yes	No
19	I seem to learn better if I get up and move around while I study	Yes	No
20	If I wanted to assemble a bike, I would need pictures or diagrams to help with each step	Yes	No
21	I remember objects better when I have touched them or worked with them	Yes	No
22	I learn best by watching someone else first	Yes	No
23	I tap my fingers or my hands a lot while I am seated	Yes	No
24	I speak a foreign language	Yes	No
25	I enjoy building things	Yes	No

26	I can follow the plot of a story on the radio	Yes	No
27	I enjoy repairing things at home	Yes	No
28	I can understand a lecture when I hear it on tape	Yes	No
29	I am good at using machines or tools	Yes	No
30	I find sitting still for very long difficult	Yes	No
31	I enjoy acting or doing pantomimes	Yes	No
32	I can easily see patterns in designs	Yes	No
33	I need frequent breaks to move around	Yes	No
34	I like to recite or write poetry	Yes	No
35	I can usually understand people with different accents	Yes	No
36	I can hear many different pitches or melodies in music	Yes	No
37	I like to dance and create new movements or steps	Yes	No
38	I enjoy activities that require physical coordination	Yes	No
39	I follow written directions better than oral ones	Yes	No
40	I can easily recognize differences between similar sounds	Yes	No
41	I like to create or use jingles/rhymes to learn things	Yes	No
42	I wish more classes had hands-on experiences	Yes	No
43	I can quickly tell if two geometric shapes are identical	Yes	No
44	The things I remember best are the things I have seen in print or pictures	Yes	No
45	I follow oral directions better than written ones	Yes	No
46	I could learn the names of 15 medical instruments much easier if I could touch and examine them	Yes	No
47	I need to say things aloud to myself to remember them	Yes	No
48	I can look at a shape and copy it correctly on paper	Yes	No
49	I can usually read a map without difficulty	Yes	No
50	I can "hear" a person's exact words and tone of voice days after he or she has spoken to me	Yes	No
51	I can remember directions best when someone gives me landmarks, such as specific buildings and trees	Yes	No
52	I have a good eye for color and color combinations	Yes	No
53	I like to paint, draw, or make sculptures	Yes	No
54	When I think back to something I did once, I can clearly picture the experience	Yes	No

SCORING

1. Only work with the questions that have a YES answer. Ignore the NO answers.
2. For every yes answer, look at the number of the question. Find the number in the box below and circle it.
Not all numbers should be circled.
3. Count the number of circled numbers for the Visual box and write the total on the line below. Do the same for the Auditory box and the Kinesthetic box.

Visual (see)

3, 4, 6, 7, 9,
13, 16, 20, 22,
32, 39, 43, 44,
48, 49, 51, 52, 54

Auditory (hear)

1, 2, 8, 10, 11
12, 14, 24, 26, 28
34, 35, 36, 40, 41
45, 47, 50

Kinesthetic (touch)

5, 15, 17, 18, 19
21, 23, 25, 27, 29
30, 31, 33, 37, 38
42, 46, 53

Analyzing Your Scores

1. The highest score indicates your preferred way of learning.
2. If two scores are the same or very close, both may be your preference.
3. If all three are the same, you use a variety of techniques to learn.
4. Scores that are 10 or higher indicate that you use that mode of learning frequently. Scores lower than 10 indicate that it is not highly used.